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JAN 28 1960

Lac la Biche Herald

Vol. 13, No. 5 | Section One—8 Pages | EDMONTON, ALBERTA, SATURDAY, JAN. 30, 1960 | 10c PER COPY

Association To Release Pheasants

ALBERTA TOWNS AND VILLAGES HOLD ANNUAL MEETINGS, FEB. 8

The annual meetings of Alberta towns and villages will be held Monday, February 8.

Ratepayers are asked to attend these meetings to discuss community matters with representatives of councils. The annual meetings will not involve elections as these are now being held in the fall of each year.

Farmers To Make Application Now For Unthreshed Grain Assistance

Farmers may now make application for assistance under the federal - provincial unthreshed grain assistance policy from the municipal affairs office or the district agriculturist in Lac la Biche.

Those who have less than 50 percent of their total seeded acreage threshed and whose average yield is less than 10 bushels per acre on their seeded acreage are eligible for this assistance.

Application forms may be obtained from the municipal affairs office or the district agriculturist in Lac la Biche, and the staff at both offices will give farmers every assistance in completing the forms.

Any payment made on an application will be made to the farm operator only. If a land owner, who is not the operator, has a claim on part of the payment he will have to obtain his share by arrangement with his tenant. The field crops branch of the Alberta department of agriculture will be responsible for making the final check on applications and for processing them for payment. However, inquiries from farmers, with respect to the policy, should be made at either of the two above mentioned offices.

The department urges that the applications be completed as quickly as possible, says Alberta's field crops commissioner A. M. Wilson, so that inspection of unharvested crops can be made. No applications can be accepted after the last day of February. Every effort will be made by the department to send out payments as quickly as possible.

THIEVES CAUGHT REMOVING SAFE

Theives were discovered in the early hours of January 23 in the act of removing a safe from the Lac la Biche Mercantile Store.

Two young men, known to town police as local youths, were found during a routine check after they had removed a safe from the rear of the store and were attempting to load it on a truck. Entry had been gained to the store by breaking a rear window. By morning both youths were in police custody.

It is surprising how often you see the prettiest girl you ever saw.

SPECIAL ARTICLE:

"To Hang Or Not To Hang"

Because of mounting public interest in the question of abolition of capital punishment, Alberta Country Life this week carries an article by Shawn Herron entitled "To Hang or Not To Hang." Mr. Herron touches on the question of death by hanging as a deterrent, hanging and public opinion, and the element of anger in murders which lead a man to the gallows. With the possibility of a free vote among members of parliament in March, the issue will probably be one of the most controversial ones ever to be debated. Check Alberta Country Life for Mr. Herron's enlightening article "To Hang Or Not To Hang."

UA Mixed Chorus To Still Unconscious

Word has been received that the University of Alberta mixed chorus of some 90 gifted young people will be in Lac la Biche the evening of May 13.

The local Lions Club is making arrangements to secure the hall for the occasion and the Women's Institute will undertake to arrange for the billetting. A rare treat is in store for music lovers of all ages.

C of C Hears Maccagno On Roads; Powers Describes Grain Policy

HYLO — A general meeting of the Hylo and district chamber of commerce was held on Wednesday Jan. 20 in the Hylo school.

A large crowd attended this meeting with Caslan, Noral and Venice well represented.

Guest speakers were M. Maccagno, MLA and S. Powers, district agriculturist. Mr. Maccagno enlightened everyone on the new highway that is to be continued from Caslan through Hylo, Lac la Biche and on to McMurray. Mr. Powers informed the group on the grain assistance policy and how to fill out application forms. Complete information regarding this policy can be obtained from all municipal officials and from district agriculturists throughout the province.

The only farmers eligible for this assistance are those who were unable to thresh 50 percent or more of their total seeded acreage and whose average yield is less than 10 bushels per acre on their seeded acreage.

Fish And Game President Praises Interest Of District Residents

The Lac la Biche Fish and Game Association, at a general meeting last week, decided to release the 150 pheasants they have reared during the past year and to obtain more pheasant chicks for rearing and release next year. The birds presently on hand will be released in the spring as soon as conditions are favorable, in several small flocks in selected districts.

The pheasants reared during the past year were obtained from the University of Alberta as started chicks and were grown out in pens built by the association. Duane Kerick, Fish and Game officer has been in charge of the "ranch" and was assisted by president John Hackman and Jim Stewart.

The membership was advised that the construction of the pens and feed for the pheasants amounted to a considerable sum and the association was indebted to a few individuals for these materials. It was decided to conduct a raffle to raise funds to help defray these costs.

John Hackman, president of the association, in his report to the meeting, stated that he was very pleased with the keen interest shown in the association by the citizens of the district. Over 170 members were enrolled which was a good indication of the general interest in the promotion of conservation measures and the improvement of the fishing and hunting in tnis district.

Michael Maccagno, MLA, addressed the meeting briefly and urged the association to affiliate with the provincial body as soon as possible in order that the local association might have a voice on the provincial level. Following the close of the meeting, he showed a series of movies he had taken locally.

Lac La Biche

A recent guest at the home of Mr. and Mrs. J. Booker was Mrs. Booker's niece, Miss Francis Wiethold, who is station with the Air Force at St. Sylvester, Quebec.

Mrs. Dora Kibbe is home after spending sometime in Edmonton with her son and daughter-in-law Mr. and Mrs. Harry Kibbe. While in the city Mrs. Kibbe received medical treatments.

To Stand Trial For Murder

LAC LA BICHE — At a preliminary hearing held before Magistrate G. W. Franchuk at McMurray on the 19th day of January, Armand Phaneuf, a resident of Anzac, was committed to stand trial for the murder of Johnny Cardinal on December 27, 1959 at Anzac.

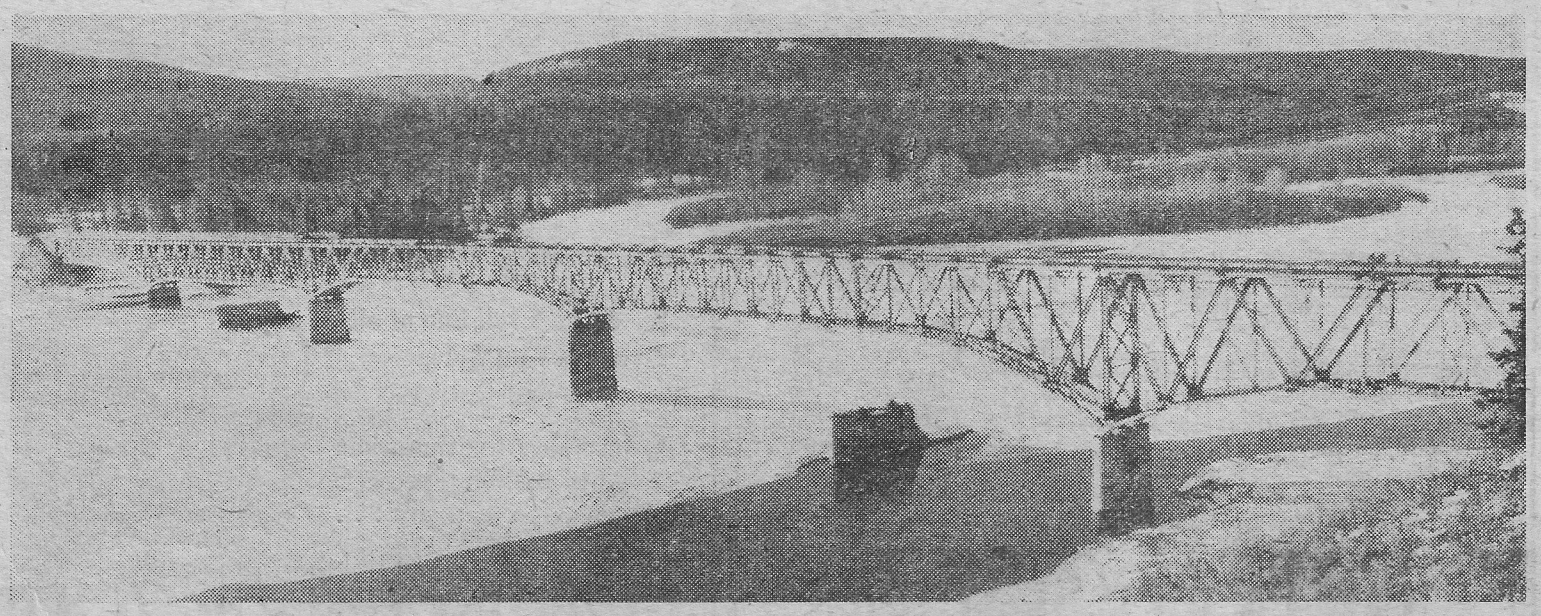
The deceased was the son-in-law of Armand Phaneuf and was shot from a 22-rifle through a window at 3a.m. when he threatened the accused to break into the house and kill everyone, the accused stated in his statement to the police the following day. No date has as yet been set for trial.

Coming Event

An open bonspiel will be held in Lac la Biche February 12 13 and 14, Knute Olson, secretary of the Curling Club announced last week.

DREAMLAND THEATRE
BOYLE Alberta
Frid. & Sat., Jan. 29 - 30—
"THE TRAP"
Family - Color. An action drama. Starring: Richard Widmark, Lee J. Cobb and Tina Louise.

AURORA THEATRE
Lac la Biche Alberta
PRESENTS
Current Newsreel Showing each Friday and Saturday. A Chapter of an Exciting Serial Showing each Saturday Matinee at 2:30 p.m.
Mon. & Tues., Feb. 1 & 2—
"UP PERISCOPE"
Drama in Technicolor and Cinemascope - Family
Starring James Garner Edmond O'Brien, Andra Martin
A breathtaking drama of submarine warfare. See James Garner as an amazing human torpedo.
Showing at 8:30 each evening
Wednesday, Feb. 3—
"COSSACKS IN EXILE"
Ukrainian Historical Drama Film Starring Maria Sokil, Halia Orlenko, M. Karlash - English Titles
Showing One Night only at 7 p.m. and 9:15 p.m.
Thurs., Fri., Sat., Feb. 4, 5, 6—
"MRS. MIKE"
Drama - Starring Dick Powell, Evelyn Keyes
You have all read the book . . . some of you have seen this picture . . . you will want to see it again.
Showing at 8:30 on Thursday and Friday, at 2:30, 7:00 and 9:15 on Saturday.



NEW PEACE RIVER BRIDGE was scheduled to be open to Alaska Highway traffic this week. The 2 336-foot cantilever-type bridge cost $5.000,000 and replaces a suspension bridge which collapsed two years ago. No official ribbon cutting ceremony will be held until next summer, although the bridge was ready to be turned over to the Department of National Defence for maintenance. Located at Mile 35 on the highway, sidewalks and handrails were about halfway across when this photo was taken. To be painted aluminum, the opening of the bridge will save truckers and automobile traffic a bumpy detour over a PGE railbridge upstream about three miles, an army bridge on the Pine River and along an old highway built by the army.

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Mrs. M. Creighton

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Blue Jay—Ellen Jastrzebski
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Berny—Miss Lena Menard
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Egg Lake—Mrs. L. G. Amiot
Fork Lake—Miss Vera Sunderman
Frains—Miss Juliana Kolach
Grassland—C. M. Sutton
Goose Lake—Miss Doris and Lynda Bergheim
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Hylo—Mrs. Nellie Zalewsky
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Owl River—Mrs. Gladys Diesel
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Plamondon Bay—Mildred Ladouceur
Rich Lake—Mrs. R. C. Kumpula
Sarrail—Carol Marchuk
South Hylo—Mrs. W. Sawchuk
Spruce Valley—Mrs. J. Homeniuk
Venice—Miss Denise Lefebvre
Wandering River—Miss Jeannette Strayski

Hylo

John Moshuk of Edmonton was visiting at the home of his brother Alex, for a few days last week.

Mrs. Alex Lozinski is a patient in the Lac la Biche hospital.

Mr. and Mrs. Cecil Martin were weekend guests at the home of the latter's parents, Mr. and Mrs. O. Waschuk.

Paul Poholski motored home for the weekend and his mother accompanied him from Newbrook where she spent a couple of weeks with her daughter and family.

Nick Owchar Jr. returned to Edmonton after spending a few days with his parents.

IMPERIAL OIL EARNINGS FOR 1959 UP 7 PERCENT OVER PREVIOUS YEAR

TORONTO — Earnings of Imperial Oil Ltd. for 1959 are estimated at $54,400,000, equivalent to $1.72 per share. This is 7½ per cent more than the company's 1958 earnings of $50,620, 414 or $1.61 per share.

J. R. White, president, said the improvement in earnings was the result of increased sales volume and cost control measures, and was achieved despite a higher rate of federal income tax than prevailed in 1958.

Product sales were greater by seven per cent, with all major products — gasolines, distillates, and heavy fuels — sharing in the increase. Net production of crude oil was higher by nine per cent, and refinery runs by seven per cent.

Mr. White said that the company's 1959 performance had called for careful control of costs, which will continue to be necessary under today's competitive conditions in the petroleum industry.

The outlook for 1960 is encouraging, he said, as the petroleum industry is sharing in the improvement of the national economy. Imperial's large program of exploration and capital expenditures was continued in 1959. He said the company was in a good position to meet competition and increase its volume of business in 1960.

Students Move To New Classrooms

LAC LA BICHE — Four new classrooms at the lower school were occupied for the first time January 18 when the grade 7 and 8 students were moved from the Dr. Swift School. A total of 18 classrooms with as many teachers are now in use at the lower school. The additional rooms are modern, with thermostatically controlled heat, fluorescent lighting and tiled floors.

It is expected that more classrooms will be built in the coming year to take care of the ever increasing number of children seeking their education here.

More teachers will also be needed for the Dr. Swift high school for the fall term. This year there is a record enrolment of 56 in grade 9. It is encouraging to see so many young people continuing in high school.

Oil Firms Busy In Plamondon District

PLAMONDON — Oil activity in the northern area seems to be rushing. Several oil companies are drilling in the area from Wandering River almost to Pelican Rapids.

One camp has its location a few miles from Pollock's lumber camp but the well site is 20 miles beyond the camp. The other drilling camps and sites are a little closer in. One camp is about 92 miles north of Plamondon.

LA News

Lac la Biche — The regular meeting of the United Church Ladies' Aid was held at the home of Mrs. S. L. Munro. The president, Mrs. E. Garnet, and secretary Mrs. J. Stewart, were in charge.

Plans were completed for the congregational dinner to be held in the Memorial hall January 28 at 5:30 p.m Plans were also discussed for a bake sale to be held Feb. 13.

Mrs. S. Hamar was chosen as second vice president. Fourteen members were present. Lunch concluded the evening.

G. Large Leaves For Whitehorse

LAC LA BICHE — Gordon Large, who has been on the staff of the department of transport since early last fall, is being transferred to Whitehorse and leaves January 29 for his new post. Gordon's home is in Halifax but he enjoys western Canada, and is looking forward to his stay in Whitehorse.

Maccagnos Attend Dinner For Premier

Mike Maccagno, Liberal MLA for Lac la Biche and Mrs. Maccagno attended the fund-raising dinner held by the Edmonton Liberal Association at the MacDonald Hotel Thursday night. Premier Joseph Smallwood of Newfoundland was the guest of honor.

They report that Mr. Smallwood is a dynamic and down-to-earth speaker and won hearts of the 300 people attending the banquet.

Atmore

Ross Tucker and Shirley were business visitors in Edmonton last week.

The curling bonspiel was held at the Grassland curling rink last weekend. David Heatherington and Jess Johnson were among winners from this district.

Jarry Cannery of Edmonton was a guest at the Heatherington home recently.

Many young people from the district attended the dance held in the Grassland hall recently.

Mrs. Jack Campbell is visiting her family, Mr. and Mrs. Shwitzer, of Lac la Biche.

Joe Dakin is employed at Pollack's lumber camp now.

Jack Campbell and Keith Fischer are also working at the Pollack lumber camp.

Francis Garnier was a visitor at the Tucker home here last week.

Mrs. William Isaac of Athabasca now teaching in Grassland school, was a visitor at the home of her family, Mr. and Mrs. William Ballard, in this district.

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Lac La Biche School Division No. 51

NOTICE OF

Annual Meetings

For All Sub-divisions

Take Notice that Annual Meetings of Electors of all subdivisions of this School Division will be held as indicated below:

Sub.-Div. No. 1—Plamondon School, February 11, 2:00 p.m.

Sub-Div. No. 2—Rich Lake School, February 12, 2:00 p.m.

Sub-Div. No. 3—Lac la Biche School, February 13, 2:00 p.m.

W. J. CHESTER, Sec.-Treas.
Lac la Biche School Division No. 51,
Lac la Biche, Alberta.

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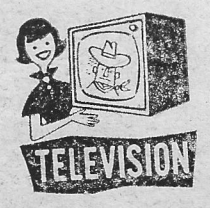

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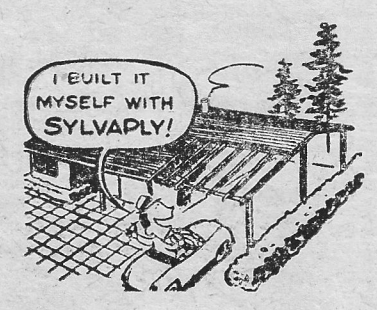

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5 LBS 45c
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(Limit 2 bags per customer)
WIENERS
2 lbs. . . 69c
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Hudson's Bay Co.
LAC LA BICHE Alberta

Lac La Biche Ships 75 Carloads Grain

LAC LA BICHE — According to reports released by the local elevator agents, grain shipments from Lac la Biche in the past harvest season were encouraging. To date 75 cars of grain, comprising 200,000 bushels have been shipped from the two elevators, as compared with four cars of grain in 1958. Most, if not all, of the grain shipped out this season grades tough and damp, yet the farmers are glad to be able to sell it even at a reduced price.

Crop yields were good throughout the area served by the Alberta Wheat Pool and United Grain Growers here. Grain was trucked in to Lac la Biche from points as divergent as Wandering River, Rich Lake and Grandin.

It is reported that about 30 per cent of the forage crops are still not threshed. Farmers hope to salvage at least the major portion of these crops next spring.

Accident Victim Visit Lac La Biche

LAC LA BICHE — Leonard Kolstad received word Saturday evening that his brother Ken Kolstad has been critically injured while working with an oil crew at Fort St. John, B.C. Mr. Kolstad left early the next morning for Edmonton where his brother, still unconscious, was brought for hospital treatment.

Several members of the injured man's family from Manitoba and Saskatchewan, when notified of his illness, drove straight through to Fort St. John before learning that their brother had been brought to Edmonton. A sister, Mrs. Andy Ulrich of Manitoba, is presently remaining at her brother's bedside. She will be relieved from time to time by other members of the family.

The accident occured January 13 and at press time the unfortunate man was still unconscious.

Goose Lake

Mrs. Clyde Tillupaugh is a patient in St. Catherine's Hospital.

Herbert Erickson is convalescing at home after spending a few days in the hospital.

Richard York recently underwent minor surgery.

Jack Makie has left for Calgary where he will seek employment.

It's too bad all the days of the year couldn't be like the Christmas holidays.

Spruce Valley

Misses Helen and Lily Wolak were weekend visitors at their home here. They are employed at Athabasca.

Mr. and Mrs. Brownie Zilinski and son Melvin of Athabasca were visitors in the district recently.

Miss Jean Bereziuk is employed at Bo Zilinski's lumber mill site at Wandering River.

The Alcoholism Foundation of Alberta provides information to all those seeking advice and guidance on a problem drinking situation

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HAPPY the one who eats at the

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NOTICE

of Sale or Redemption of Impounded Animals

Impounded on Jan. 19, 1960

These horses we put in the pound at my place NW. 31-65-15-W4, and will be sold on Feb. 3, 1960 at 1:30 p.m. unless owner claims them and pays all costs.

- 2 Bay Mares and Gelding, mare, white face, aged, 1250 lbs.
- 1 Chestnut, white face and hind feet, 1300 lbs.
- 2 Sorrels, one has white face and hind feet, 900 lbs.
- 1 Brown with spot on face, both hind feet white, 1100 lbs.
- 1 Black Stallion, white face, 1400 lbs.
- 1 Bay, white spot on face, 900 lbs.
- 4 Colts, 1 white face
- 1 Bay Mare with bell, 1300 lbs.
- 1 Buckskin, 1000 lbs.
- 1 Bay, 2 years old, 900 lbs.
- 1 Black Mare, 1300 lbs.
- 1 Brown, 1000 lbs.

C. P. WARREN, Poundkeeper.

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- McClary Home Freezers and Washers
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"There's one of the smartest gals in town!"

She's stretching her home improvement dollar by calling us in the winter when we're not too busy—when we're glad to get interior renovation jobs.

Next summer we may not have time for a job like this. By having it done now, she's getting a better and a faster job because skilled workers are more productive.

Somewhere around your home or place of business there's a job to be done. It will pay you to do it now.

Canada Winter Work Campaign JAN FEB MAR

HELP YOURSELF AND AT THE SAME TIME HELP YOUR COMMUNITY TO INCREASE EMPLOYMENT THIS WINTER. CALL YOUR NATIONAL EMPLOYMENT OFFICE FOR ADVICE AND ASSISTANCE.

Issued by authority of the Minister of Labour, Canada

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CHRISTIANITY BECAME STATE RELIGION OF UKRAINE, 988 A.D.

This is the first in a series of three articles by Rev. Fr. N. Stetzenko, L.Th., rector of the Ukrainian Greek Orthodox Church, Lac La Biche district. In these, Rev. Fr. Stetzenko has outlined the history, the doctrine, and the organization of the church he serves.—Editor

By Rev. Fr. N. Stetzenko, L.Th.
Rector, Ukrainian Greek Orthodox Church, Lac La Biche

The Holy Eastern Orthodox Church, known historically as the Eastern Catholic Church, and popularly as the Greek Church, is the Holy Catholic and Apostolic Church of the Byzantine Empire. It has always been known as the Old Church . . . the Church of the first Christian era, of the time of the Ecumenical Councils, and considers herself to be the direct heir and convener of this old Holy Church.

The Ukrainian Greek Orthodox Church is the Orthodox Church of the Ukrainian people. The name signifies that we speak of the Church of the Orthodox Faith; the Church of the Greek rite; the Church of the Ukrainian people. Christianity became the state religion of Ukrain in the year of 988 A.D. during the reign of Vladimir the Great. The Ukrainian Greek Orthodox Church is the Mother of Ukrainian Culture and the Mother Church of the Russian Orthodox Church and also Founder of Russian Culture.

HISTORY

In the first period of the development of the Orthodox Church, during the first five centuries of Christianity, Orthodox Christianity received it's basis and direction. The basic Truths, the basic forms and the foundations of the cult of the Orthodox Church were set forth by the great Ecumenical Church Fathers during this period.

The important historical events, the rise of papal Rome and the advance of Mohammedanism, held the Church's chief attention during the second period, which extended from the fifth to the eleventh centuries. These two forces threatened the integrity and the existance of the Eastern Church. The iconoclastic controversy caused a great deal of serious trouble during this already troubled period. This period ended with the separation of Eastern Christianity and Papal Rome. (1054 A.D.) And from them the Protestants were separated.

During the third period, from the 11th to the 19th centuries, the advancing waves of the Mohamedan hordes swept over and destroyed the southeastern empires of the Byzantians, the Bulgarians, the Serbs and part of Ukraine. At the same time the monstrous flow of Tartars swept over the greater part of Ukraine from the south and the east and threatened all of eastern and central Europe and all Eastern civilization. Time and time again the Ukraine has been the defence of Europe from these powerful forces. It was only the capacity for sacrafice that Ukraine and the Eastern Churches maintained their existance.

During the fourth and last period of development, from the 19th century on, all Orthodox people, supported by their Churches, have liberated themselves from all foreign subjection and oppression. All except the Ukranian Church. The Ukrainian people and their sacrifices. In 1596 the Western Ukraine and the western Ukrainian Church were focred into an undesirable union with Rome through the efforts of Poland. This instituted the Uniate Church (Ukrainian Greek Catholic). Russia subjegated the remaining portion of Ukraine and her Church.

The Orthodox Church consists of a number of so-called "autocephalic" Churches, the oldest being the four Eastern patriarchates of Jerusalem, Constantinople, Alexandria and Antioch. Each nation has it's Church which, in government, is "autocaphelic". It is a fact that subjegated nations are subjegated not only politically but relgiously. As an example, one may cite the present Russian empire wherein the Churches of Ukraine, Poland, and others are represented not by their own Bishops but Bishop of Moscow.

During World War I the Churches of Ukraine, Poland, Finland, Estonia, Latvia and Lithuania separated from the Russian Church and instituted themselves as free Churches. The Ukrainian Church maintained itself as an autocephalic Church until the final Russian purge in 1928. The Ukrainian Church was never completely destroyed. With a population of over 45 million people the desire for freedom could not be completely obliterated. During World War 11, even under adverse conditions of German invasion and occupation and with a very brief respite from Russia, the Ukrainian Church came to life. Today, throughout the free world, wherever there are Ukrainian communities, there are Priests and Bishops who are successors of the Priests and Bishops between the periods of the two World Wars.

HOLY ORTHODOX CHURCH

These different organizations of the Orthodox Church, although independent of each other ecclesiastically, agree in Doctrine and, essentially in form of worship; and together they constitute what is called the Holy Orthodox Church.

In North America the nine bodies comprising the Orthodox Churches of Canada and the United States are: the Albanian, Bulgarian, Greek, Romanian, Serbian, Syrian and Ukrainian. In Canada the greatest, both numerically and organizationally, is the Ukrainian Greek Orthodox Church.

Each church is headed by a Bishop, Archbishop or Metropolitan and are considered in spiritual unity with the Mother Church of their ancestors where such a homeland is free from foreign rule. The Ukrainian Greek Orthodox Church in Canada is headed by Metropolitan Ilarion. (serving from the Holy Trinity Cathedral in Winnipeg, Manitoba)

Citizenship Granted District Residents

Seven more residents of the Lac la Biche, Gourin and Plamondon area became Canadian citizens on Thursday, the 21st day of January, as follows: Gurzy (Jerry) Adaszynski, Antonina Adaszynski. Darja (Darija) Ostapchuk, Gertrud Emma Martha Wolf, Herbert Fritz Friedrich Wolf, David Uganevz, Antonia (Antonina) Stupak.

Magistrate Franchuk in court extended to them a warm welcome on this solemn occasion and invited each one to share with us the ancient liberties of free people living together in harmony under a democratic government which recognizes the rights of all citizens.

Plamondon

David Plamondon spent his week's holiday at McMurray and Waterways.

Mrs. Elmer Plamondon was a patient in an Edmonton hospital recently.

Eugene Plamondon made a busness trip to Edmonton.

William Plamondon is now staying with his sister and family, the Jean Ulliac's of Gourin.

Wilbert Plamondon and Ernest Plamondon and Marcel spent a few days at home on their return from Drayton Valley.

Rene Therioux was seen about town on business.

Albert Powder has returned to British Columbia after spending a few days with his father and family.

South Caslan

Mr. and Mrs. Felix Joe have returned from Philomena.

Miss Elsie Delorme is now back from her visit to the McDonald home at Hylo.

Mrs. Alex Joe has been a patient in the Lac la Biche hospital for several days.

Mrs. Jim Anderson of South Edmonton is visiting at the home of her parents Mr. and Mrs. C. Ladouceur.

G. Ladouceur is a guest at the Mac Ladouceur home.

Sympathy of the district is extended to Mr. and Mrs. A. Joe on the passing of their baby.

G. Bouque of this district celebrated his 15th birthday recently.

There is so much planning for war that first thing we know, there will be war.

Evangelical Free Church
Pastor: A. Daniel Goldsmith
SUNDAY
LAC LA BICHE
Sunday School ..... 10:30 a.m.
Evening Service .... 7:30 p.m.
HYLO
Sunday School and Worship Service .. 2.30 p.m.

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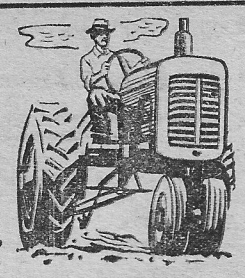
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Residents Attend Forestry Convention

LAC LA BICHE — Forestry superintendents from this district who were in Edmonton for their annual meeting, held in the Jubilee Auditorium included: W. E. Coast, J. Booker and George Tkachuk from Lac la Biche and Bob Diesel from McMurray.

Alberta forestry policies and forest protection were matters discussed as well as activities for the coming year.

Mrs. W. E. Coast accompanied her husband to the city for the annual divisional forestry superintendents' meeting. Mrs. Coast's parents, Mr. and Mrs. R. Rice of Edson, were also visiting their daughter in the city and the family helped them celebrate their 54th wedding anniversary. Mr. and Mrs. Rice, who are both active and well, received anniversary congratulations from Prime Minister Deifenbaker.

Venice

Mr. and Mrs. Ornario Bordigno and daughters Faith and Dolores from Chard were weekend visitors in the district.

Sal Giacobbo from Drayton Valley spent a day visiting his parents Mr. and Mrs. S. Giacobbo.

Frank Macor was a recent patient in the Lac la Biche Hospital.

R. Tedesco recently spent a week in Edmonton visiting relatives.

Normandeau

Denis Hebert has finished constructing a snow plow for his tractor.

Mr. and Mrs. Laurent Turgeon and family and Miss Delphine Ladouceur, Mr. and Mrs. Louis Turgeon and family attended the Ice Capades in Edmonton.

Lucien Hebert is at present employed in the district.

Mr. and Mrs. Adelord Dorocher and family visited relatives in Bonnyville recently.

Mr. and Mrs. Andre Dupre were guests at the home of Mr. and Mrs. Eugene Rurgeon recently.

Mr. and Mrs. Louis Turgeon and family were visitors at radio station CHFA in Edmonton recently.

Lucien Charest is still employed at Edson. In the meantime his wife and children are staying at Gourin.

Mrs. Laurent Turgeon was a patient at the St. Catherine's Hospital. She is teaching at Greigan School.

Mrs. Durocher has been ill at her home for some time.

Keith McAuley Stranded On Lake

SPRUCE VALLEY—Keith McAuley and his friend Douglas of Edmonton, while on a fishing expedition in the Lac la Biche area, became stuck in the heavy snow on the lake. Their car broke down and they were forced to remain on the lake all night. An Indian family administered help to the stranded pair.

En route home to Edmonton they paid a brief visit at the W. Szwedo residence

Housewarming Held

VENICE — R. Tedesco and Armando were pleasantly surprised when friends of the district gathered at their home for a housewarming party recently.

To conclude the evening they were presented with a radio.

Gourin

Miss Marie Rose Ulliac was home for the weekend.

Lucien Ulliac is employed at Edson at present.

Mr. and Mrs. Andre Ulliac are employed in Edmonton.

The Bengal light is a flare used for signalling at sea.

MORE INCOME NEEDED?
Write for Rawleigh's "Your Way to a Better Living". New spare time and full time plans. The W. T. Rawleigh Co. Ltd., Dept. AA-69, 589 Henry Ave., Winnipeg 2, Man.

Ellscott

Mr. and Mrs. Pete Hupka were recent visitors at the home of Mr. Hupka's parents, Mr. and Mrs. F. Hupka of Smoky Lake.

George Klem of Edmonton spent a recent week-end with his parents, Mr. and Mrs. Mike Klem.

Mr. and Mrs. Egon Herrmann and Mr. and Mrs. E. Hauer of Bruderheim were week-end visitors at the home of Mr. and Mrs. Otto Herrmann.

Mr. and Mrs. John Cutrell motored to Edmonton to attend the Ice Capades.

Donald Galovich, principal of Richmond Park School, enjoyed a week-end visit with Mr. and Mrs. D. Zastanikovich recently.

Mr. and Mrs. L. V. Reeder of Edmonton, well-known pioneer residents of Ellscott district, celebrated their 60th wedding anniversary on Saturday Jan. 16.

Spruce Valley

A veterans' official from Edmonton visited A. Wojtowicz, a first world war veteran recently.

Mrs. Jean Kochan accompanied J. Broton and Emil Zachkewich on a recent trip to Edmonton.

Roman Bizon was accompanied by his mother and Mr. Wojtowicz and Mary on a visit to Edmonton recently.

Mrs. Jean Kochan and family were recently visited by Mr. and Mrs. J. Kochan of Donatville; Mr. and Mrs. J. Duniec; Mrs. W. Garbowski; W. Szwedo and Mr. and Mrs. Stan Kanarek.

Mr. and Mrs. Mike Kanarek were business visitors to the city and while there they visited the Winnik family.

Mr. and Mrs. Bill Maheden enjoyed a suprise visit from friends of Two Hills.

Steve Maheden, Eugene Strumelak and son Garry have all returned home from the Athabasca Hospital after being hospitalized since Jan. 7.

They were all injured in a car accident near the home of Mrs. Jean Kohan, nine miles north of the Spruce Valley post office.

Mr. and Mrs. Harry Gerlawich visited the John Pretula family recently.

Misses Lillian and Helen Wolak were home for the week-end.

Amber Valley

Brother Owen and a group of young people from the Pentecostal Tabernacle in Edmonton were visitors at church on Sunday.

Miss N. Bowen is a patient in the Athabasca Hospital.

Geraldine Whittaker, recently employed in Edmonton, is home for a while.

Mr .and Mrs. Reese Bowen made a business trip to Edmonton last week.

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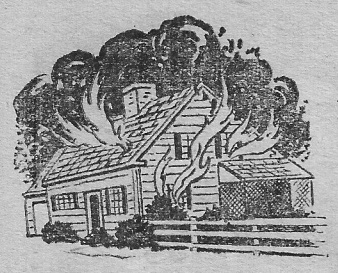
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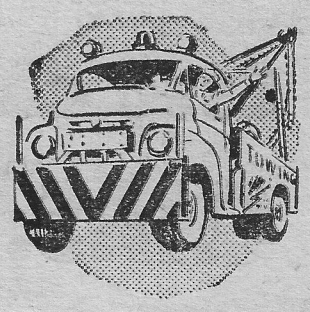
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Large 2.5 cu. ft. "Fast-Freeze" Compartment— Refrigerated on three sides and bottom to "fast freeze" meats, fowl and other fresh foods for improved flavour and texture.

"Non-Sweating" Shell Type Condenser — Moisture cannot condense on outside of freezer . . . eliminates sweating . . . increases efficiency. No fan . . . no oiling . . . no noise.

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TORONTO-DOMINION

Canada In Midst Period Broad Expansion, Observes Bank Head

Canadians are living in the midst of a period of broad expansion which is carrying our national output and our standard of living to new heights, according to A. C. Ashforth, president of the Toronto-Dominion Bank.

In his annual report for 1959 Mr. Ashforth said that a year ago Canada was laboring in the early stages of recovery from recession, but gross national production for 1959 will probably exceed, by a slight margin, the forecast of $34,000,000,000 made by the Ministry of Finance in last April's budget.

With the general price level up less than one per cent, there has been a marked gain in physical output. In fact, this year's increase in volume terms is well above the average for the postwar period.

Population has soared past the 17½ million mark despite a reduced flow of immigrants and, as I indicated a moment ago, new records have been commonplace. Labor income shows an increase of the order of eight per cent. An historic landmark has been achieved in that we have more than six million workers gainfully employed. Other record or near-record levels are in the making for such widely varying activities as steel production, natural gas output, mineral production, automobile sales, housing completions and, indeed, the total of construction put in place. All in all, 1959 has been a year of remarkable economic progress.

During the early part of this year the pace of recovery in the United States was more rapid than in Canada and, as might be expected, the recovery road has not been entirely smooth. For the last few months the economy has been in something of a lull — or perhaps I should say it has been taking a breather. However, it is normal for interruptions like this to occur in the expansion phase of any business cycle. Breathing spells do occur while gains are being consolidated. Then, again, the lull has been accentuated by the United States steel strike. Past experience shows that these pauses in the general forward movement are not too lengthy and are followed by a renewal, and sometimes a decided burst, of expanding business activity. All signs point to this occuring again, possibly stemming from the biggest Christmas trade in our history.

What about the year ahead?

Canada's prospects for 1960 must be reviewed against the back ground of notable expansion in other industrialized countries. Most European nations are enjoying their greatest prosperity. Unemployment is low, industrial production is advancing rapidly and foreign exchange reserves are high. A better trading climate is evolving — a development which is favorable to Canada.

The Canadian outlook is, of course, closely linked with that of the United States — a market which takes almost two-thirds of of exports. Labor difficulties in the steel industry have cut into United States business activity in recent months and there is the distinct possibility of further labor trouble early in 1960. Assuming, however, that labor management peace is achieved, the new year should bring a resumption of economic expansion in the United States. This being the case, our sales in that market will rise moderately.

Providing there is no serious disruption in export sales to the United States, Canada can look forward to a year of at least average growth in 1960 and some shift in the relative importance of the various generating forces. Capital spending by business seems to be on the increase once again and expectations are that exports will continue to rise. Continued expansion in other countries is bound to improve the markets for Canada's forest and mineral products. Personal consumption will remain high but its growth is likely to be more modest than in the past two years.

Two Farm Schools For Lac la Biche

S. C. Powers, district agriculturist, reports that he has arranged for two farm schools to be held in Lac la Biche during the next two months.

The first, a plumbing school, will be held at the town hall on Tuesday and Wednesday, February 2 and 3. At this school instruction will be given on the rudiments and principles of plumbing, installation of septic tanks and farm water systems. All persons interested are invited to attend.

The second, a welding school, will be held during the week beginning the 21st of March. This school can accommodate only 24 persons and attendance will be restricted to those making application with the district agriculturist. Property will be given those who applied for last year's course but could not be accommodated. Farmers interested in this course are requested to make application by either writing to or calling at the DA's office in Lac la Biche. Applications will be accepted on a first come, first served basis.

Gourin

Mr. and Mrs. Andre Ulliac, accompanied by Alcide and Laurent Ulliac, were home for the weekend.

Lucien Ulliac and Lucien Charest are employed at Edson at present.

Miss Denise Gauthier has been employed by John Bourassa's.

Louis Ulliac and Mrs. Lucien Charest were recent visitors in Normandeau.

Miss Marie Rose Ulliac was home on holidays.

William Plamondon is residing here with his sister.

Injured Persons Now Back At Home

SPRUCE VALLEY — All persons who were injured in the two car head-on collision in which the Strumelak and Kochon cars were involved, have now been released from the Athabasca hospital.

The last to be released were Eugene Strumelak and son Garry, who were most seriously injured. Garry is now attending school again. Steve Mahaden was released a few days earlier.

The accident took place on Jan. 7 on a road in this disrict in which both cars were badly wrecked.

Eggs have the same kind of high quality protein found in meat and milk.

About three months after birth, a baby's eyes become able to focus distinctly.

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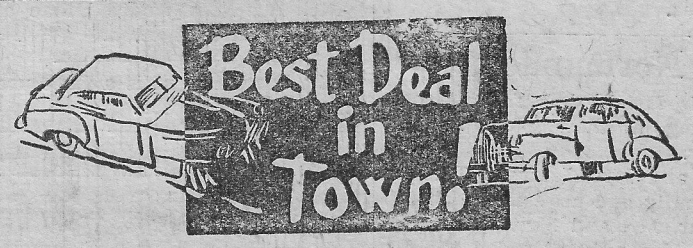

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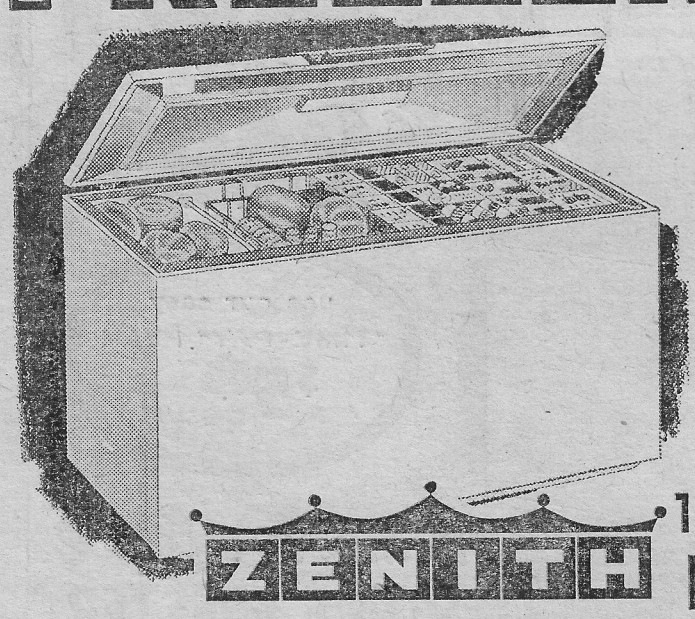

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Other Deluxe Features — Heavy Duty Cabinet Construction . . . "Never-Sag" Insulation . . . Adjustable Temperature Control . . . Automatic Interior Light . . . "Fool-Proof" Lock . . . Two Convenient Baskets and Divider . . . Heavy Steel Sled Skids...Five Year Warranty on Compressor. *Be sure to see this "beautiful bargain" today!*

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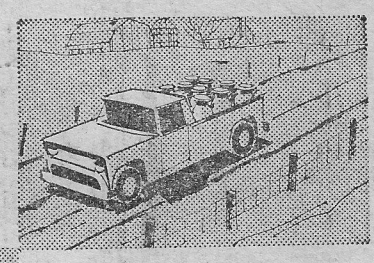

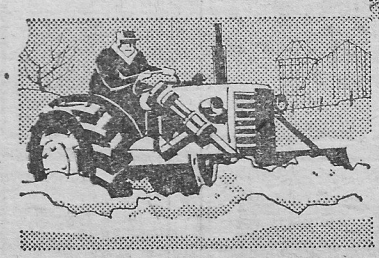

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FOUR MAJOR STRATEGIES

Parenthood Without Hokum

By Howard Whitman

Part 9

"All The Other Kids Are Allowed To --"

There are four major strategies which children use to get around their parents. The youngsters don't mean any harm; they're just being human. But if parents are taken in, they may become very ineffective parents indeed — and the children will be the ones who are harmed.

Strategy No. 1—"All the other kids are allowed to—" What parent has not had to face this one? It is the strategy most frequently used and the one most difficult to meet. It makes you, as a parent, feel like an old spoilsport, a killjoy, the only sourpuss in the neighborhood. And that is a hard load to bear. For this very reason the "comparison gambit" is an excellent strategy — and the youngsters know it.

Case Work Director Dorothy Thomas, of the Family and Child Services of Washington, D. C., suggests an effective way of coping with it. Check up! Perhaps it just isn't true that "all the other kids are allowed to —." Take the case of Mrs. B.:

H. Whitman

Her daughter Jane, 13, wanted to go on an evening swimming party at the beach with a group of boys and girls. Mrs. B., trying to be reasonable, suggested the party be held in the afternoon rather than in the evening when it soon would be getting dark. That's when Jane came back at her, "Oh Mom, all the other kids are allowed to I don't see why I have to be the only one who can't go. Gee!"

Mrs. B. brooded about it, not wanting to be a restrictive parent, and finally picked up the telephone and called Mrs. R., the mother of one of the other girls. She was quite surprised by what she heard. "My goodness, my husband and I don't approve of it at all!" Mrs. R., exclaimed. Why we thought we were the only ones who felt that way—and we were about to say yes to our Martha just because we didn't want to be the only ones to hold back!"

Subsequent phone calls to Mrs. P. and Mrs. W. indicated that they, too, did not approve of an evening beach party at all but were about to be pressured into it because each parent felt that she was all alone in her views. The beach party was changed from evening to afternoon (and all the youngsters had a wonderful time).

But suppose individual parents do stand alone? Suppose there is something which all the other kids are allowed to do, but for your own reasons you feel that your child should not?

WE'RE NOT SHEEP

Here is a chance for children to learn that human beings are not sheep. Later in life there will be many times when they won't be able to do what everyone else does —perhaps for financial reasons, perhaps for health reasons. An occasional childhood experience which prepares them for missing out on something once in a while can actually be constructive preparation for life.

Strategy No. 2—Begging and pleading—Every parent knows what this is but perhaps doesn't realize that it is a natural strategy of children. Begging and pleading is simply a testing operation. If the child cannot shatter parental opposition in a single blow, he simply attempts to gain the same objective by abrasion.

Sometimes the preferred form is a play on sympathy. The parent is made feel, "If you say no it will mean you don't really love me." A parent who truly loves his child lets this bounce off harmlessly. But a parent who has doubts about his love may easily succumb to it.

Sometimes the nagging approach is preferred. Here the hope is that incessant begging and pleading will be too much for the parent to bear and he will give in. Some parents allow nagging to reach the point of sheer torture. An effective defense against it is to label it; make it clear to the child that he is nagging, and if he continues, the nagging will have to be handled as an offense in itself.

WATCH THOSE PROMISES

The begging and pleading strategy may also take the form of luring the parent into a promise. The child asks for something in an unguarded moment when the parent will say yes and then throws it back at the parent later with the passionate allegation "You promised!" This gambit would get a child into gobs of trouble later on if he were encouraged in it; the parent's job is to make clear just what a promise is and, of course, to make none he is not prepared to keep.

Strategy No. 3—"You did when you were young." Most parents, when they were young, did many of the things which they now don't want their children to do. They stayed out later than they should have. They did things which they now consider terribly dangerous. And surely there were times when mischief was done and the gravest rules were broken. They probably even thought their own parents were killjoys and spoilsports.

But—what parent believes he knew more when he was an adolescent than he does today? Today he recognizes that, though he did certain things, that doesn't make them right (and he remembers how his own parents objected). If he is wise he will further recognize that it is a youngster's place to stretch and break the rules, and it is a parent's place to maintain and preserve them. If each does his job, no harm will be done.

The feeling of adolescents that they know more than their parents do does not stem from confidence and certainty, but from the opposite. As one psychologist put it, "Adolescents' cockiness stems from under-confidence. It is not that they know so much but that they know so little."

THEY'LL BE PARENTS, TOO

Next time your children call you old-fashioned, it might help to remember that in 10 or 15 years, when they are rearing their own children, they will be thinking much as you do now—just as you probably think much as your parents did This is the old story of youth catching up with maturity, of the boy who went away from home at 18 and returned at 28 to discover, "Dad has certainly learned a lot in those 10 years."

Strategy No. 4—Playing one parent against the other. This is a natural tactic for any child to try; in fact it is a tribute to his intelligence that he does it. But it can sow a great deal of confusion in a family. Where there are three parties concerned—father, mother, and child—one party always stands a better chance of getting his way if he can get the other two fighting. This is divide-and-conquer on a family scale.

It can be extremely harmful to the child. His world becomes a schizophrenic one, in which reality flip-flops from one extreme to the other. Rather than learning to face reality, he simply tries to switch it on and off.

BROKE UP HER CLASSES

At the Evanston, 111. Hospital, the Child Psychiatric Clinic treated a girl of 8 who was so disturbed she could not be kept in school for more than half a day. At home she had played mother against her father constantly; if she couldn't get "yes" out of her mother she got it out of her father. Often she left them quarreling while she gaily tripped away, having won whatever she desired.

She then attempted to use this strategy upon her friends at school. When it failed, she threw other children off of playground equipment and disrupted her classes. The major therpy for this child was to show her parents the need for consistency. They must stand together and each must bolster and support the authority of the other. This was vital to the mental health of their child.

When children try to get around their parents, they are not being "bad" children. They are being normal, intelligent human beings. The strategies they use are instinctive, and the parents' job is not blunt those instincts but to civilize the child so that he gains a true view of reality. There may be a squawk or two, but in the long run the child is strengthened.

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Imperial's efficiency in getting everything out of the crude oil means the prices of all products are low. That's one reason government figures show that in the last five years the average price of things people buy has gone up nearly 16 per cent, while gasoline has actually gone down about half of one per cent.*

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THE Homemaker

By BERTHA M. McCUTCHEON

This is Canada's sixteenth National Health Week. One of the aims is to indicate to Canadians the way in which each one can have **good health.**

"Surveys reveal that in this land of plenty, less than one third of those surveyed had a nourishing food intake." A low income was not a predominating factor for malnutrition was found in all income brackets.

The average Canadian does not eat enough vegetables. Canada's Food Rules say, "One serving of potatoes and at least two servings of other vegetables, green or yellow often, and raw vegetables frequently".

B. McCutcheon

There are forty-five different vegetables which can be grown in Alberta and many more are imported. Eat some raw every day. When cooking, do so quickly, and use all the juices in sauce, gravy, soup or vegetable juice cocktails.

Store vegetables carefully to keep them crisp and plump. Do not prepare vegetables until just before cooking. They lose food value if left standing.

POTATOES: - are one of the best vegetables. They are rich in many necessary food substances. Their high starch content supplies calories or "Fuel" for warmth and activity. They supply generous amounts of iron and other minerals and are among the richest of the vegetables in Vitamin C. They retain their greatest food value if steamed or boiled in the skin or if they are baked.

OTHER ROOT VEGETABLES: - supply vitamins, minerals, starches and sugars to help supply the body's needs. Carrots, for instance, are high in Vitamin A as are all yellow vegetables. Turnips, especially if eaten raw, help to fill the Vitamin C quota.

TOMATOES:- are a rich source of minerals and Vitamins A, B2, and C. Grow tomatoes. Eat all you can. Can all you can't eat. Canned tomatoes, unlike other canned vegetables, are rich in Vitamin C and we need them often in winter.

LEAFY VEGETABLES:- are rich in all minerals, especially iron and copper, so necessary for good blood. They are rich sources of Vitamin A, B1 and B2. Eaten raw they are a source of Vitamin C. While green cabbage and sauerkraut are good sources of Vitamin C, it has been found that red cabbage has double the Vitamin C content of green cabbage. They are important for promoting good elimination and preventing constipation.

DRIED BEANS, PEAS AND LENTILS:- are the most concentrated and cheapest vegetable sources of calories, protein, minerals and Vitamins B1 and B2. Use for soups, baked dishes and stews three or four times a week.

We have a vegetable recipe booklet called "Vegetables Make the Home Plate" which has many ideas and recipes for preparaing vegetables differently.

Automobile service stations give away more than 100 million road maps to tourists every year.

Hospital News

LAC LA BICHE — Patients in St. Catherine's Hospital: Barbara Donofrio, Tweedie; Alvina Quintal, Imperial Mills; Mrs. Mike Mahowich, Hylo; Mrs. Alex Tremblay, John Johanson, Lac la Biche; Mrs. Nick Fedorchuk, Wandering River; Mrs. Oliver Veillette Mrs. Harold Hagen, Micheal Steffin, Lac la Biche; Alma Erasmus, Kikino, Bobby Bruneau, Caslan; Lassard Castor, Lac la Biche; Dan Reid, Conklin; Mrs. Frank Thompson, Lac la Biche; Sister Marie Joseph, Breynat; Charles Sandelin, Alcide Gauthier, Mrs. Dorothy Lloyd, Lac la Biche; Mabel Larocque, Tweedie; Allan Johnson, Plamondon; Zenaide Chomik, Hylo; Mrs. Joseph Konowalchuk, Mrs. Alic Taha, Lac la Biche; Mrs. Frank Donofrio, Tweedie; Sam Bone, Lac la Biche; Mrs. Ariel Quintal, Darlene Cardinal, Imperial Mills; Mrs. Lawrence Turgeon, Normandeau; Mrs. Edward Marko, Lac la Biche; Mrs. Theodore Cardinal, Imperial Mills; Mrs. Roy Whitford, Fred Sorochan, Mrs. Stanley Panchuk, Lac la Biche; Fred Bruneau, Caslan; Mrs. Eileen M. Uganetz, Lac la Biche; Walter Stratichuk, Calgary; Mrs. Lucy Smith, Mrs. Dora E. Kibbe, Lac la Biche; William Hrynkewich, Wandering River; Fred Woychuk, Noral; Mrs. Winnifred Huppie, Lac la Biche; Stanley Kozmierczak, Blue Jay; Louise Gladue, Mrs. Adele Harpe, Lac la Biche; Mrs. Louis Patenaude, Caslan; Arlene Sundlie, Wandering River.

Cradle Roll

Mr. and Mrs. Earl Whelen of Helina, a boy Jan. 16.

Mr. and Mrs. Robert Whitford, of Lac la Biche, a boy Jan. 16.

Mr. and Mrs. Roger Dakin of Atmore, a girl Jan. 23.

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Groceries, Meats and Fruits
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STANLEY GRANDISH
General Store
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Whist News

GOOSE LAKE — An enjoyable evening was spent at the home of Mr. and Mrs. Parker, where seven tables of whist were in operation.

First prizes were won by Mrs. Hogtveit Sr. and Eno Tikkenen; consolations went to Suezette Parker and Johnny Hogtveit.

Caslan

Gloria Henson was taken to Edmonton by her brother Mervin, when she suffered a badly injured finger.

E. W. Wood was a recent business visitor in Edmonton.

The Caslan children formed a group for singing carols through the district to collect money for the school club.

Mr. and Mrs. Mike Kniazky and Peter Krawchuk were recent visitors in Edmonton.

Glen Meyer and Harry Wolansky, farmers in the Caslan district attended a chamber of commerce meeting in Hylo last Wednesday evening.

Helina

Mr. and Mrs. Earl Whelen are the proud parents of a baby boy.

Mr. and Mrs. Chris Keldson have moved into their new home.

Frank Oneiul of Edmonton was a weekend visitor in the district.

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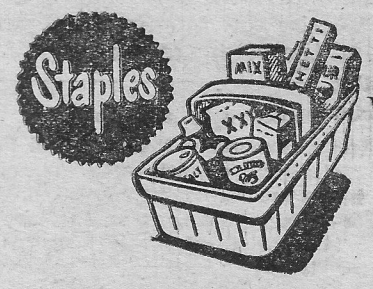
is our slogan!



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JANUARY 29 and 30

GROCERY DEPARTMENT

COFFEE "Good Naybor", lb.	59c
PLUMS, Red & White choice, 15-oz.	3 jars 55c
ORANGE JUICE "Peace River", 48-oz.	2 tins 79c
TOMATO SOUP, Aylmer, 10- oz.	4 tins 49c
CREAM CORN, Red & White, 15-oz.	2 tins 37c
BANGO POPPING CORN, 16-oz.	2 tins 29c
STRAWBERRY JAM, Malkins (7c off), tin	49c
KRAFT DINNER, 8-oz.	2 pkgs. 33c
MILK, Red & White (Talls)	6 tins 89c
CATSUP, Red & White, 11-oz.	2 bottles 45c
ECONOMY WHITE	2 pkgs. 59c

MEAT SPECIALS

BOLOGNA, by the piece	3 lbs. for 79c
BONELESS PICNICS— 5 to 6 lb. average, lb.	39c
WIENERS	2 lbs. for 69c
BACON, by the piece	2 lbs. for 69c

LADIES' JACKETS, all sizes.
Third Off reg. Price

LADIES' DRESSES, all sizes.
25% Off reg. Price

LADIES' SKIRTS, all sizes.
25% Off reg. Price

CHILDREN'S SNOW SUITS and JACKETS.
25% Off reg. Price

HARDWARE

GLYCOL ANTIFREEZE— 1 gal for $2.59

FIRE KING COFFEE MUGS. Real Bargain ..... 2 for 25c

Used Electric Washing Machines.
Guaranteed in washing order.
$5.00 Down, Balance $3.00 per month

BEATTY ELECTRIC CLOTHES DRYER $179.95

MICHAEL HAMAR
LAC LA BICHE Alberta